



science • technology engineering • math • sports

Lacrosse Module 8.0 Wearable Technology

GRADES 6th - 8th



What Do You Need?

Supplies Provided

Worksheets, Lacrosse Balls, Lacrosse Sticks, Tape Measures, and Disc Cones

Materials Needed

Pencils and Clipboard







Test Your Knowledge

Have your students take this lesson's assessment prior to engaging by visiting:

https://stemsports.com/assessments/.

If you have limited digital capability,
please email Info@STEMSports.com to
access the Assessment & Key.





Play a five minute scrimmage. Where did you spend the most and least amount of time on the field? Use the worksheet as a guide.





Using the worksheet as a guide, compare and contrast the density method vs. the coordinate plane method.



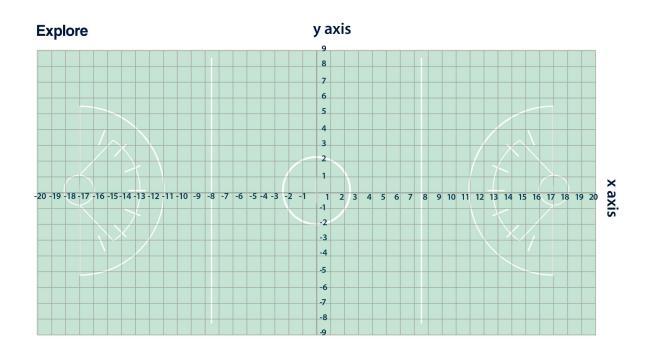
Explain

Reference the Playertek dashboard and compare and contrast your data collection to the dashboard. Use the worksheet as a guide.









Using the coordinates provided on the worksheet for a play, plot them on a quadrant plane, finding the distance (length) between the players (points).





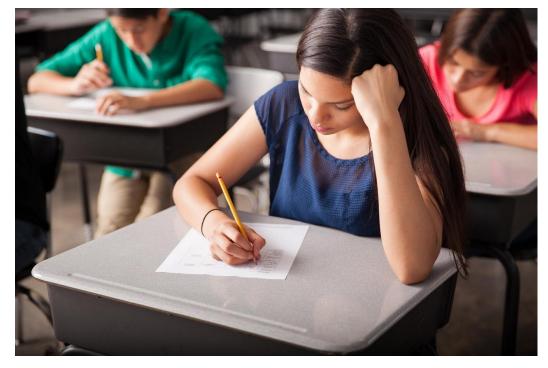
Review another set of plays and plot them on the coordinate plane. Use the information provided to predict if the play would be successful in scoring. Use the worksheet as a guide.





What Did You Learn?

Have your students retake this lesson's assessment to effectively evaluate their comprehension by visiting: https://stemsports.com/assessments/. If you have limited digital capability, please email Info@STEMSports.com to access the Assessment & Key.







Challenge Yourself!

Create your own plays using points on an x, y table and then plot the points on a coordinate plane.





What is your Dream Job?

STEM Jobs in Sports

- Quarterback Coach
- Vice President of USA Lacrosse
- Defensive Coordinator
- Team Sales and Marketing Director
- Offensive Coordinator



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