

SOCCKER

Module 1.0

Playing Footsie: Forces in Soccer

GRADES K – 2nd



What Do You Need?

Supplies Provided

[Worksheets](#), Digital
Stopwatches, Size 3
Soccer Balls and Disc
Cones

Materials Needed

Pencils

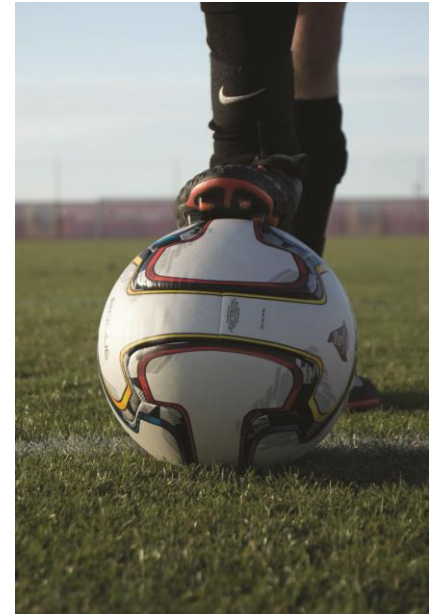
Engage

How does each drill differ? How can each benefit your game.



Explore

Time to practice!
Reference the
[worksheet](#) to
complete your drills.



Explain

Learn about the science
behind your drills.

Elaborate

Test the theory “more energy,
more motion.”

Evaluate

What science took place during your drills? Use the [worksheet](#).



Extend

Challenge Yourself!

Make a prediction of distance and bounce from each drill/kick.



What is your Dream Job?

STEM Jobs in Sports

- Trainer
- Stadium/Arena Architect
- Lines Judge
- Ball Manufacturer
- Strength & Conditioning Coach

Want to continue the education?
Visit us at <https://stemsports.com/>
OR
Tag us @stemsportsusa



STEMSportsUSA



@STEMSportsUSA



STEMSportsUSA



STEMSportsUSA/pins



@STEMSportsUSA



STEM Sports

