

Name: _____

Class: _____

Intricacies of a Volleyball Court

GRADES 6-8

Try calculating the following to determine the width of a scaled down court.

$$1. \quad \frac{0.25 \text{ inch } (\frac{1}{4})}{1 \text{ foot}} = \frac{x \text{ inches}}{29.6 \text{ feet}}$$

$$2. \quad \frac{0.5 \text{ inch } (\frac{1}{2})}{1 \text{ foot}} = \frac{x \text{ inches}}{29.6 \text{ feet}}$$

$$3. \quad \frac{0.125 \text{ inch } (\frac{1}{8})}{1 \text{ foot}} = \frac{x \text{ inches}}{29.6 \text{ feet}}$$

Which of the three scales would have a reasonable end width? Why?

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Intricacies of a Volleyball Court

GRADES 6-8

Try calculating the following to determine the length of a scaled down court.

$$1. \quad \frac{0.25 \text{ inch } (\frac{1}{4})}{1 \text{ yard}} = \frac{x \text{ inches}}{59 \text{ feet}}$$

$$2. \quad \frac{0.5 \text{ inch } (\frac{1}{2})}{1 \text{ yard}} = \frac{x \text{ inches}}{59 \text{ feet}}$$

$$3. \quad \frac{0.125 \text{ inch } (\frac{1}{8})}{1 \text{ yard}} = \frac{x \text{ inches}}{59 \text{ feet}}$$

Which of the three scales would have a reasonable end length? Why?

Coaches have clipboards that are 8.5 x 11 inches. What scale would you use to ensure the court fits on a single sheet of paper?

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Communication and Drills

GRADES 6-8

1. After watching the video, how well did you perform the drill on a scale of 1 to 5?

Poor

1

2

3

4

Just like the video

5

Justify:

2. After watching the video, how would you rate your partner's written instructions on a scale of 1 to 5?

Poor

1

2

3

4

Just like the video

5

Justify:

3. What descriptive words could your partner have used that would have made the drill easier to understand? Add to his/her written instructions in blue.

4. What edits would you make to your partner's written instruction? Add any changes in green.

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Volleyball Properties

GRADES 6-8

Volleyball	Observations on the Properties: Material, Texture, Bounceability
First Touch Volleyball	
Light Touch Volleyball	
Recreation Volleyball	
Balloon	

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Volleyball Properties

GRADES 6-8

Volleyball	Performance (Bump Test) Distance (Ft)	Mass (grams)	Volume $V=4/3\pi r^3$ (in ³)	Density (mass/volume) g/in ³
First Touch Volleyball				
Light Touch Volleyball				
Recreation Volleyball				
Balloon				

How does density affect performance? (Support your answer with evidence)

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Calculating Total Force

GRADES 6-8

What variables do you need to control?

	Speed (measured by radar)	Time of travel (From video)	Acceleration (Calculated ($S_f - S_i$)/time)	Mass	Force $F=MA$
Initial Serve					
Easy Serve					
Hard Serve					



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Calculating Total Force

GRADES 6-8

How does a change in force affect a change in motion? Support your answer with evidence from the experiment.

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Kinetic Energy and Speed

GRADES 6-8

Hit Type	Trial 1	Trial 2	Trial 3	Average Velocity	Mass	Kinetic Energy (Calculated) $K = \frac{1}{2} MV^2$
Set						
Serve (Underhand)						
Serve (Torque)						
Serve (Overhead)						
Bump						

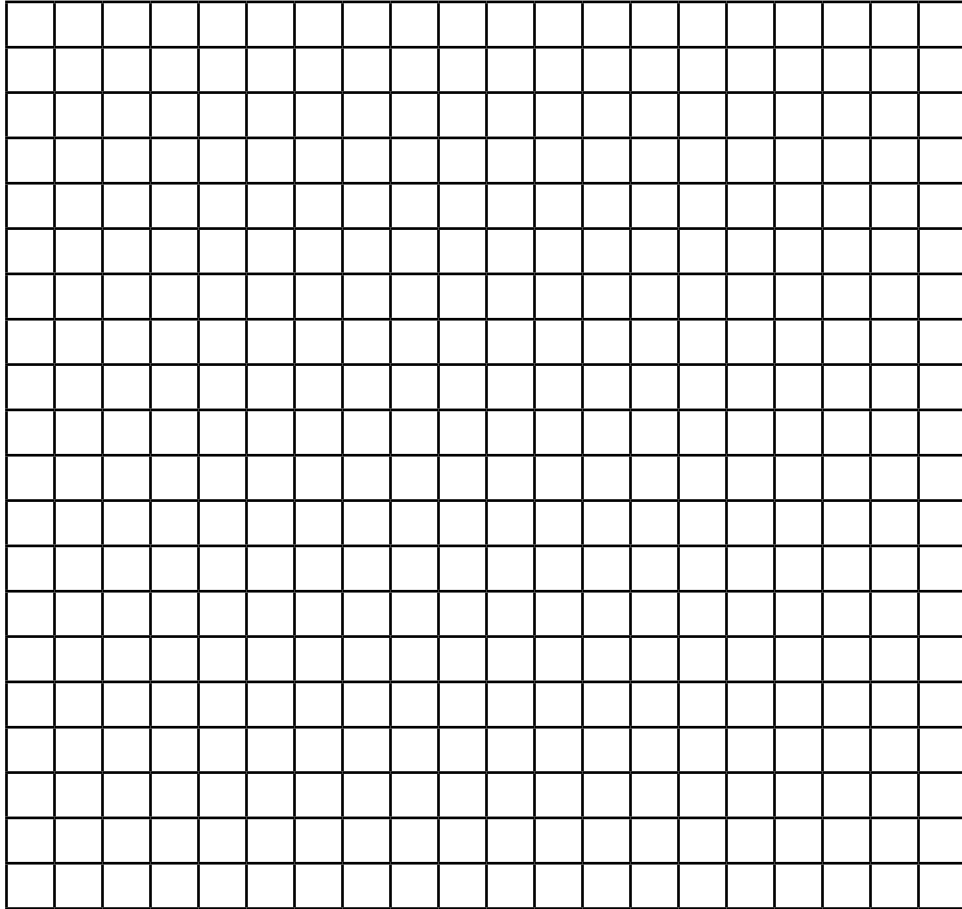
Name: _____

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Kinetic Energy and Speed

GRADES 6-8

Graph the Kinetic Energy of each hit:



Why do some hits in volleyball have more kinetic energy than others? (Support your claim with evidence and reasoning).

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Successful Serving

GRADES 6-8

Place an X when the serve is completed (hits the wall).

Order of balls should be: *First, Light, Recreation*

Serve	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	Probability
Underhand Serve											
Torque Serve											
Overhead Serve											

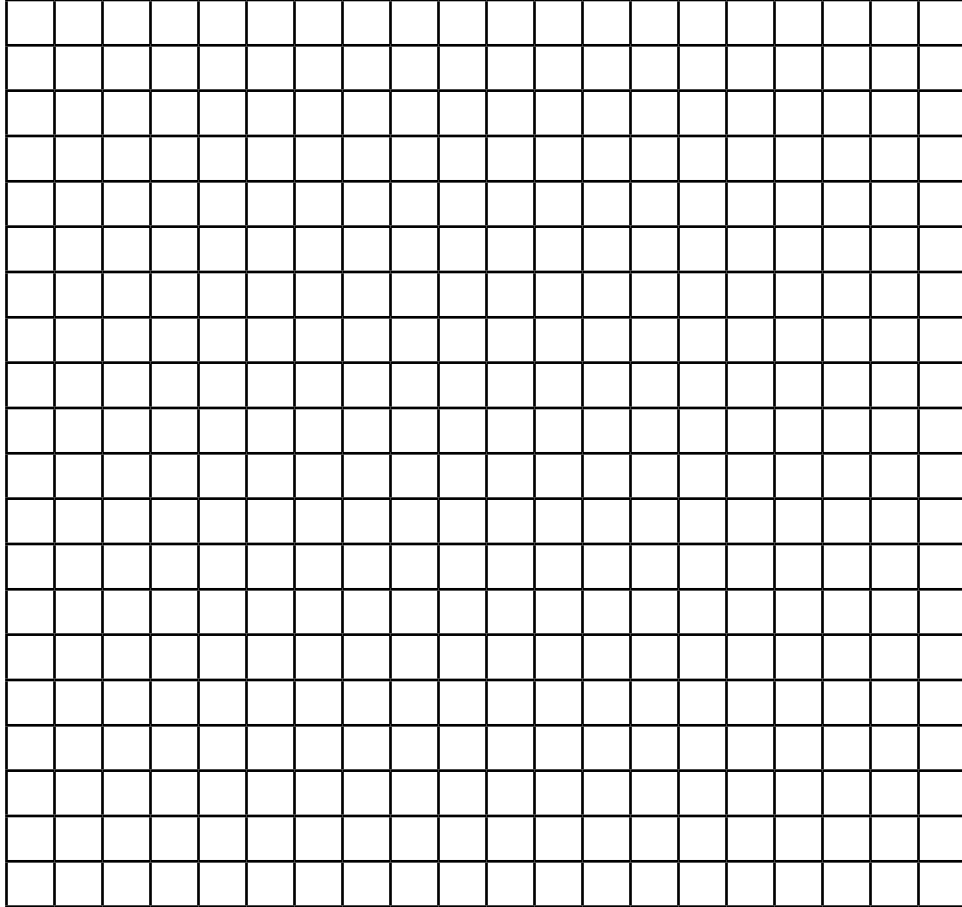
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Successful Serving

GRADES 6-8

Graph the probability of each serve below:



Which serve is more likely to be successful in a match? Support your answer with data.

In an average volleyball game, there is between 125 - 250+ serves. Calculate the success rate of each serve and select which serve you would use in a match.

Underhand Serve: _____

Torque Serve: _____

Overhead Serve: _____

Name: _____

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Adaptive Technology

GRADES 6-8

Create a device that will help adaptive players retrieve the ball after a play.

Brainstorm ways to help Adaptive Players.

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Adaptive Technology

GRADES 6-8

Select a Design (draw in detail, label materials and provide measurements)



Prototype testing plan:
