

Name: _____

Class: _____

Arm Strength: Youth vs Foam Football

GRADES 6-8

Distance of Throws

	Mass	Throw 1	Throw 2	Throw 3	Throw 4	Average
Youth						
Foam						

Speed of Throw

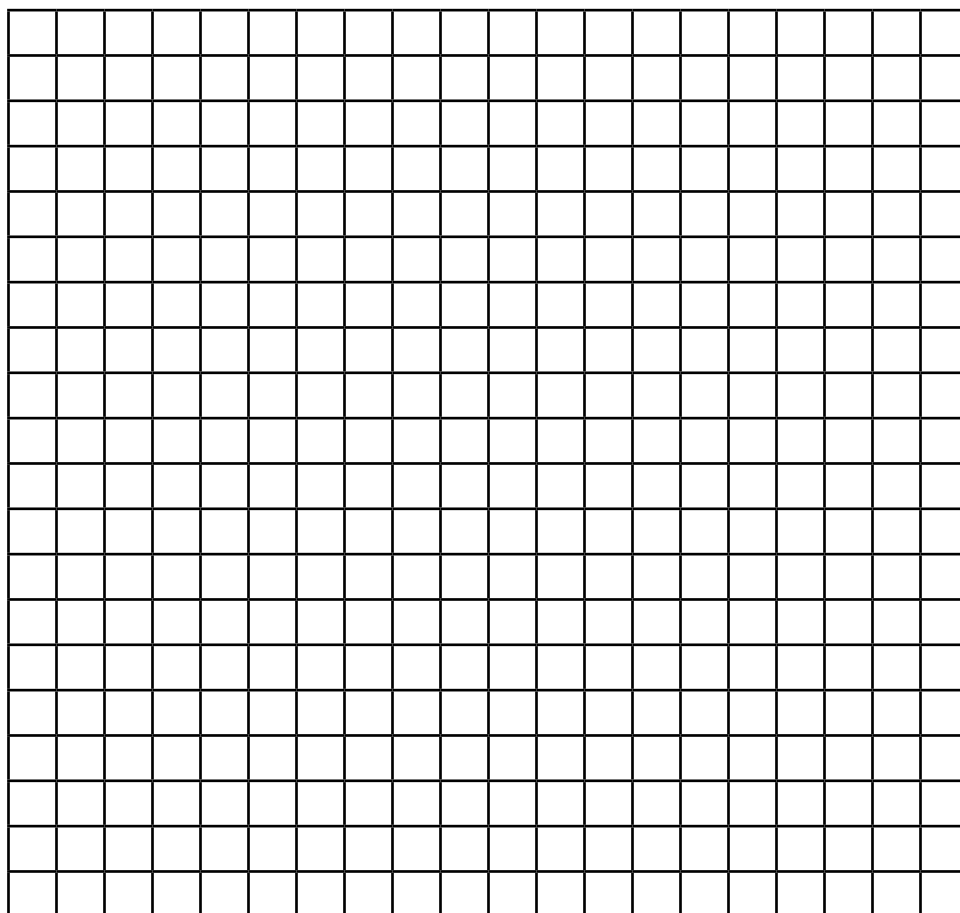
	Throw 1	Throw 2	Throw 3	Throw 4	Average
Youth Distance:					
Youth Time:					
Youth Speed:					
Foam Distance:					
Foam Time:					
Foam Speed:					

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Make a claim about the relationship between speed, mass and kinetic energy. Support your claim with evidence and reasoning.