



STEM
sports[®]

SOCCER

Module 7.0

Forces in Soccer

Special Teams Players





What Do You Need?

Supplies Provided

Worksheets, Digital
Stopwatches, Soccer
Balls, and Disc Cones

Materials Needed

Pencils

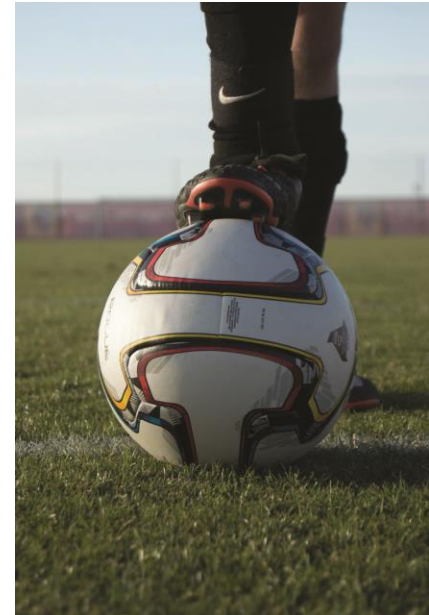
Engage

How does each drill differ? How can each benefit your game.



Explore

Time to practice!
Reference the
worksheet to
complete your drills.



Explain

Learn about the science
behind your drills.

Elaborate

Test the theory “more energy,
more motion.”

Evaluate

What science took place during your drills? Use the worksheet.



Extend

Challenge Yourself!

Make a prediction of distance and bounce from each drill/kick.



What is your Dream Job?

STEM Jobs in Sports

- High School Math Teacher & Head Soccer Coach
- Director: Youth Soccer League
- Lines Judge
- Ball Manufacturer
- Strength & Conditioning Coach

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